

GERMINA COSMA

PROFESSOR

CONTACT



ADDRESS

University of Craiova,

Faculty of Physical Education and Sport,

Theory and Methodology of the Motor Activities Department

Brestei Street, no.156



E-MAIL

germinacosma@yahoo.com cosma.germina@ucv.ro



PHONE

+9647735930600

DATE OF BIRTH

03/08/1979 Place of Birth – Craiova, Romania Citizenship – Craiova

Education:

- -1998-2002 Bachelor's Degree in Physical Education, University o Craiova, Faculty of Physical Education and Sport
- -2003-2005 Master Degree Sport and Sport Management, University of Craiova, Faculty of Physical Education and Sport
- -2007-2010 PhD Degree in Physical Education and Sport, University of Pitesti, Faculty of Physical Education and Sport

TEACHING AND RESEARCH:

Academic position:

University Teaching Fellow (2003-2005), Post-graduate Assistant Professor (2005 to 2011) Lecturer (2011 to present)

Research Areas:

Physical Education and Sport, Rehabilitation, Dance, Gymnastics, Postural assessment, Physical Training.

Held positions on Extra-Curricular Activities:

- ✓ 2013-to present Editor in chief @URNAIOF SPORT AND KNETIC MOVEMENT
- ✓ 2012-to present coordinator of the Laboratory Psycho pedagogy of Movement Activities, from research center: "Center for study human body motricity", University of Craiova, recognized by CNCSIS 2005;
- ✓ 2011 to present Member of the Director Council of the Theory and Methodical Motor Activities Department, Physical Education and Sport Faculty.
- ✓ 2010 -2012 Member of the Editorial Office of Sports Medicine Journal (Journal of Romanian Sport Medicine Society)
- \checkmark 2010 to present Member of the Director Council of the Sport Science Council of Romania
- ✓ 2009-2012 Editorial Office Secretary, 'Viitorul' Journal, Craiova.
- ✓ 2007-2009 Editor at 'Viitorul' Journal, Craiova;
- ✓ 2009 to present Member of the Scientific Research and Creative Art Centre within Performance Arts Department, University of Craiova http://www.actoriecraiova.ro/centrul_de_cercetare_stiintifica.html
- ✓ Referee for different dance and aerobics competitions and festivals at county and national level

Grants, Honors and Awards

Member in 7 national and international projects.

Director at 1 national mobility research program: The improvement of the motor capacities on the disabled people using the dance methods CNCSIS: MC/15/IUNIE 2007

Director at 1 intern grant, 2014-2015

- Scientific Awards

✓ 2014- Best presentation award – SGEM 2014 International Multidisciplinary Scientific Conferences on SOCIAL Sciences and ARTS, Bulgaria. ✓ 2013-Scientific Award for the paper Ligia D Rusu, Germina GH Cosma, Sorina M Cernaianu, Mihnea N Marin, Petre Florinel A Rusu, Daniel P Ciocănescu, Florin N Neferu, (2013), Tensiomyography method used for neuromuscular assessment of muscle training, Journal of Neuro Engineering and Rehabilitation 2013, 10:67 doi:10.1186/1743-0003-10-67, from Romanian Council of Science.

✓ 2011, Best Free Communication "Interdisciplinary studies revealing motor intelligence by testing performance sportsmen's motor memory", 3th Edition of the National Scientific Forum of Sport, Final Scientific Competition, Izvorani, Romania.

✓ 2009, the 3rd position for the project "Motor intelligence and its role in sports performance maximization" to National Symposium Olympic for Young Post-graduates, organize by C.C.P.U., Piteşti, Romania.

✓ 2009, Best Free Communication Young Investigator Award – Sport Performance section – conferred to the paper "Comparative study of attention mobility considering individual and team sports" 2nd International Conference "PHYSICAL EXERCISES A COMPLEX AND MODERN WAY TO PROMOTE HEALTHY LIVING", University of Craiova.

- Over 120 papers published in Journals or Conference Proceedings.